



Department of

Children's Services

FOSTER PARENT NEWS

DCS TRAINING NEWSLETTER



DCS Newsletter Color Code



DCS Opportunities of Training Credit



3rd Party Opportunities for Training Credit



Resources / Entertainment / Information

As we emerge from the pandemic, quality mental health care matters now more than ever. Early intervention of mental health issues is so imperative because of the long lasting and profound effects of trauma throughout the continuum of life. I hope you had an opportunity at the conference to hear about the resources available to foster kids to address their mental health challenges. Because accessing timely and consistent services has been tough for so many foster parents, I want to outline available resources:

1. Please reach out to your local DCS psychologist for local resources and recommendations on therapy by clicking "Regional Clinician Contacts" here.
2. You can also reach TennCare Select at 1-888-422-2963 or via email at [SelectKids_GM@bcbst.com](mailto>SelectKids_GM@bcbst.com).
3. If your child has complex needs or you have difficulty locating a provider, you can request case management through the phone number and email above.

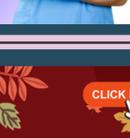
Thank you for advocating for the kids in your home. It is often a challenging road, but one that is so important to traverse.

With Hope,
Troy Wallach - Foster Parent Representative

[LEARN MORE](#)



Medical Resources and Information (M.R.I.)



Medication Administration will now be called Medical Resources and Information and will include:

- New information on CBD-Cannabidiol
- New Medical and Mental Health Resources
- MRI Refresher is now 2.5 hours of class time

[CLICK HERE](#)

[CLICK HERE](#)

Online Trainings

[CLICK HERE](#)

Foster Parent Training Resources

[CLICK HERE](#)

CALENDAR OF LIVE TRAININGS

Regional Foster Parent Support Group

Why Our Kids Behave the Way They Do (and What We Can Do About It)

- East - October 25, 5:30-7:30pm EST
- Middle - October 17, 5:30-7:30pm CST
- West - October 27, 5:30-7:30pm CST

[CLICK HERE](#)

ONLINE TRAINING

DCS PRACTICE MODEL INTRODUCTION

*30 minutes of training credit

Regional Foster Parent Support Group

Parenting in the Age of Screens, Social Media, and Gaming

- East - November 17, 5:30-7:30pm EST
- Middle - November 28, 5:30-7:30pm CST
- West - November 29, 5:30-7:30pm CST

[CLICK HERE](#)

November is National Adoption Month

Look for media and resources on adoption in this edition!

[TikTok](#) [YouTube](#) [PODCAST](#)

INTRODUCTION TO TBRI FOR PARENTS

10/22/2022 9:00-11:00 CST 10:00-12:00 EST	11/14/2022 5:30-7:30 CST 6:30-8:30 EST	Trust-Based Relational Intervention *Good for Trauma and Therapeutic training hours
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[Click HERE to Register for 10/22/22](#)
[Click HERE to Register for 11/14/22](#)

[TikTok](#)

Of the Month

[Click HERE](#)

swbusby20
Samantha Busby

[CLICK HERE](#)

How to Support Mental Health Concerns: Here4TN and Optum Webinar Announcement

November 2 @ 10:00 am CST / 11:00 am EST

[TikTok](#)

Of the Month

[Click HERE](#)

jillwagner81
Jill

[Sign Up](#)

November 10 from 11:00 am to 12:00 pm CST
1 hour Training Credit

Making the Holidays Happier Webinar Announcement

VIDEO

[Click HERE](#)

Jockey Being Family | Post Adoption Challenges

CORE TEEN

November 8 - November 22
November 15 - November 29

15 hours of training credit! All classes must be attended to receive credit

DCS TALKS PODCAST

[Teen Adoption Podcast Episode](#)

Get to Know the Training Team!

NOVEMBER CALENDAR

Click the links below to register

- 10/20 - [Helping Children Make Transitions](#)
- 10/22 - [Introduction to TBRI for Parents](#)
- 10/25 - [East Grand Region Foster Parent Support Program](#)
- 10/25 - [Creating Normalcy Through Prudent Parenting](#)
- 10/25 - [Internet Safety](#)
- 10/27 - [CFM for Foster Parents](#)
- 10/27 - [West Grand Regional Foster Parent Support Program](#)
- 11/1 - [Creating Teachable Moments](#)
- 11/3 - [Caring for the Child with Special Health Needs](#)
- 11/7 - [Positive Parenting](#)
- 11/8 - [Handling Violence, Do's and Don'ts](#)
- 11/14 - [Your Money Your Goals](#)
- 11/14 - [Introduction to TBRI for Parents](#)
- 11/15 - [Building Strong Brains](#)
- 11/17 - [Creating Normalcy Through Prudent Parenting](#)
- 11/21 - [Caring for the Child with Sexual Trauma](#)

Arminta Chambers

Foster Parent Training & Contract Manager

Arminta T. Chambers has been with the Department of Children Services for seventeen years. She joined the Office of Training and Professional Development, as a Training Officer and Foster Parent and Contract Manager, on June 12th, 2012.

Prior to joining the Office of Training and Professional Development, Arminta's prior DCS experience included Residential Case Manager, Assessment Case Manager, and Skilled Facilitator.

If you REALLY knew Arminta, you would know that:

- She is the proud grandmother of 4 - three grandsons, and one granddaughter.
- She enjoys reading, and baking.
- Most recently, she has taken on learning barista skills and techniques.

Upcoming Classes

December 6, 5:30 to 6:30 PM CT

[CLICK HERE](#)

1 hour Training Credit

Maintaining Balance in Life Webinar Announcement

Me patiently sipping my tea waiting for Halloween.

"Treat people as if they were what they ought to be and you help them become what they are capable of being."
— Daniel J. Siegel

TUESDAY, DECEMBER 13
11:00AM-12:00PM CST

*1 hr Training Credit

Child Welfare Community Lunch and Learn Series: Tennessee Women, Infants and Children (WIC) Program

[CLICK HERE](#)

How to Honor Your Child's Birth Family

Building Strong Brains

Available Class Options:

- January 27
- February 24
- March 31
- April 28

*Worth 2 Hours of Training Credit
*Fulfills Trauma Training Credit

[Click HERE for more details!](#)

[CLICK HERE](#)

ADOPTING YOUR FOSTER CHILD: WHAT EVERY PARENT NEEDS TO KNOW

Statewide Zoom Class

The fundamentals of caring for you, your family, and your child with mental illness.

Classes Forming Now - Limited Space Available
Dates: Saturdays: 10/22, 10/29, and 11/5
Time: 9:00am - 2:30pm CST
*Up to 15-hours of trauma/therapeutic training credit

[Click HERE for more details!](#)

HELPFUL LINKS

- Foster Parent Training
- Training Calendar
- Online Training
- Self-Care
- DCS Talks Podcast
- Child Welfare Resources
- Regional Training Contact
- DCS Listens Registration
- Birth Children Resources
- Unsung Hero of the Month

TRAUMA-RESPONSIVE PARENTING STRATEGIES FOR PARENTS AND PROFESSIONALS

NOVEMBER 9, 2022

Virtual Conference from 10:30 am to 4:30 pm CST
\$50.00 Registration

*Approved for trauma and therapeutic training credit

[NAMI Basics](#)

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